

Join Us for a Transformative Journey
Programme: Women Leading in Transformative Times

“Owning our story can be hard but not nearly as difficult as spending our lives running from it. Embracing our vulnerabilities is risky but not nearly as dangerous as giving up on love and belonging and joy - the experiences that make us the most vulnerable. Only when we are brave enough to explore the darkness will we discover the infinite power of our light.”

Brene Brown

Intention: Are you navigating a period of change or transition in your work, or life, and wish to respond with greater intention? Join our small group of **four to eight women** to explore how you want to lead in these times, and to share our journeys together. This programme offers a supportive space for women to reflect on their experiences as a leader and a woman in an integrated way, recognising the many demands on our time, the multiplicity of roles we hold and how these shift and adapt through the different stages of life as a woman.

What to Expect:

- **Diverse Perspectives:** Connect with professional women from various backgrounds who share a common quest to be more intentional through change and transition.
- **Safe space:** Gather monthly for **3 hours** over a **6-month** period. Meetings will be held online via Zoom in **GMT/BST timezone**
- **Research, reading, tools and techniques:** to support your reflections and equip you to **translate and transfer your learnings** or action for effect

Program Structure:

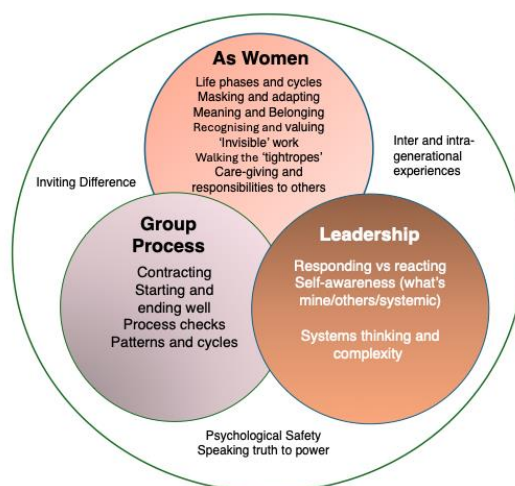
Nov 2024:	Forming our circle: 1:1 conversation with our circle leader to explore fit and aspiration
Dec '24	Initial circle gathering to meet, connect and set up well
Jan '24 - June '25	Monthly 3 hr virtual sessions exploring topics that resonate with your questions
Jul - Aug 2025	Optional: 1.5 day in-person gathering (note an additional charge will apply for this part)
Sept 2025	Three-month group check in – what’s has changed for you?

The Program Offers:

- A **space** to feel heard and supported
- A **network** of women leaders on a similar journey
- A **framework** based on action learning to explore questions that feel important to you:

What’s important to me now, and how can I bring that to life in how I lead and live?
What impact do I wish to have in this world, and how do I connect to that meaningfully?
What boundaries do I need to create for a fulfilling life?
What does self-care look and feel like for me?

Work at the Intersections:



“We need to do a better job of putting ourselves higher on our own ‘to-do’ list.”
Michelle Obama